

F.E.W. NEWSLETTER



BUSINESS NAME

June 2008

President's Message - FEW's Mission of Programming



Lisa Maurer
President of F.E.W.

One of the primary means that the Forum of Executive Women "serves as a resource for its members and the community" is through its monthly programs. It is such an important aspect of this organization that there are two Board positions dedicated to programming (Vice President of Programs, Carol Howe-Veenstra and

Assistant Vice President of Programs, Jill Magelssen) and an FEW Program Committee of member volunteers.

The Program Committee has the opportunity and the challenge to develop 10-12 programs per year. Programs are designed to bring members inspiring and informative speakers on current personal, professional and community-related topics. The Committee looks not only for content that would be of interest to FEW's members, but also seeks quality presenters that will leave an impression on those in attendance. The greatest challenge is often

that there are so many great topics and presenters, and so few meetings in a year!

We want to assure every member that it is our desire to please you through programming. We value your input on the monthly meeting evaluations, and we welcome anyone to join the Program Committee (one hourly meeting per month.) Regardless of what the program topic is each month, you can trust that a presentation has been carefully crafted especially for you and you will take away valuable information.

Meeting Information

On **Wed., June 11th**, our meeting is at the **Holiday Inn from 11:30 a.m. – 1:00 p.m.** and we welcome Dean Hyers and Pete Machalek. Dean and Pete are filmmakers who founded SagePresence in 2001 to help professionals increase their influence with elevated "stage presence" and more

compelling messages.

It is known that teams don't follow leaders because of their credentials. It's not a leader's experience that inspires teams to move forward, it's a leader's presence – her leadership presence -- that team members can *feel* that generates confidence, motivates, and wins them

over. Come see how the professionals of SagePresence distinguish leadership presence and help leaders of all kinds "turn up the volume" on their own leadership presence.

Meeting Dates and Locations:

ALL MEETINGS ARE HELD FROM 11:30AM - 1:00PM

JUNE 11TH, 2008
HOLIDAY INN

JULY 9TH, 2008
RADISSON

AUGUST 13TH, 2008
CSB GORECKI DINING CENTER

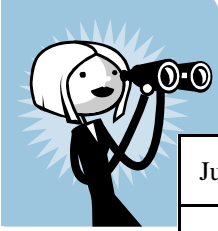
SEPTEMBER 10TH, 2008
HOLIDAY INN

OCTOBER 8TH, 2008
RADISSON

NOVEMBER 12TH, 2008
RADISSON

DECEMBER 10TH, 2008
HOLIDAY INN

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Looking Ahead in Programs!

June 11, 2008	Holiday Inn	SagePresence: "Leadership Presence Demystified"
July 9, 2008	Radisson	University of Minnesota Tucker Research Center: "Developing Physically Active Girls"
August 13, 2008	CSB Gorecki Dining Center	Stacy Sjogren: "What is Happening in the Board Room?"
September 10, 2008	Holiday Inn	League of Women Voters
October 8, 2008	Radisson	FEATURED PRESENTATION Anna Maravelas: "Self-Defeating Habits of Otherwise Brilliant People"
November 12, 2008	Radisson	FEW Annual Business Meeting and Networking
December 10, 2008	Holiday Inn	FEW Holiday Party 2008

Guests

FEW welcomes guests and prospective new members to attend our meetings for a fee of \$15 (payable at the meeting.) Please email Brianna Kappel (brikapp@yahoo.com) by Friday, June 6th if you intend to bring a guest to our June 11th. Late registrants pay a guest fee of \$20.

Web Site!

Did you know that you can have access to all of the FEW members contact information through the FEW website? If you haven't created a username and password for yourself simply go to the website at www.fewstcloud.org, click "Sign In" on the left hand side and create your profile. This is one of the many benefits offered to you as a member of FEW, so utilize it!

We're on the web!

www.fewstcloud.org

Check it out!

Vegetarian Meals

If you are a member who would prefer a Vegetarian Meal at our monthly meetings, please email Laura Supan (laura.supan@usbank.com).

June 2008

June Announcements!



- Wacosa is now announcing their new DOCUSHRED Program! DOCUSHRED is a simple, economical way to destroy your confidential documents. Come view their new facility or for more information contact Wacosa DocuShred at 320-251-0087
- The American Cancer Society's Relay for Life will be held in Paynesville on Friday, June 20. The Relay for Life is a great event that raises money to find a cure for cancer. The opening ceremony is at 6 pm, with the luminary lighting at 10 pm. Luminaries are candle-lit bags that have drawings, pictures, and words remembering those who lost their lives to cancer, and those who have survived cancer. It is really a great event in honor of those who have been touched by cancer. FEW member, Kayla Welle of Netgain, is a team captain for the Relay for Life and would like your help in raising money to find a cure for cancer. Please contact Kayla if you would like to decorate a luminary bag that honors a cancer victim or survivor for \$10. All other forms of donation are appreciated as well by contacting Kayla at kaylaw@netgainhosting.com by June 13.
- Laura Supan, FEW VP Meeting Coordinator, recently made a career change and is now working at U.S. Bank as a private banker. As a private banker Laura helps business owners, professionals and other affluent clients with their personal banking needs. Her new contact information is: laura.supan@usbank.com Phone: 320-259-8351. Congratulations Laura!
- Central Minnesota Habitat for Humanity is organizing its fifth Women Build project, August 18-22nd in St. Cloud. Women Build celebrates women working together to end the affordable housing crisis and build community. This year, Women Build's goal is to raise \$125,000 to support the construction of the 2008 Women Build home. They have reached their goal and they hope to surpass it, thanks to the generosity of ING Direct as the Dream Realizer sponsor. If your company is interested in sponsoring the project, please contact Anne Walters at awalters@cmhfh.org or 320-656-8890 ext. 2. Sponsors are signed up first for volunteers but if you would like to be added to the waiting list, please contact Anne as well.
- FEW Member Survey: The FEW Board has its annual 1/2-day planning retreat during July. In June, you will be encouraged to complete a brief survey so we can hear from our members, both praises and suggestions, and move confidently toward FEW's future. We know your time is valuable, so we will make the process as efficient as possible. We will also be sending a version of the survey to past members to see if there are key factors that led to them leaving FEW's membership. If you have any specific areas you recommend that we inquire about, please contact Lisa Maurer at (320) 656-3341 or by email to Immaurer@bremer.com.

**"LIFE ISN'T
JUST ABOUT
WHAT YOU
CAN HAVE;
IT'S ABOUT
WHAT YOU
HAVE TO
GIVE."
- OPRAH
WINFREY**

FEW members are welcomed to make an announcement about news in their business or the community. Announcements are shared through this monthly newsletter, during our monthly meetings, on the FEW website and on the display table at the back of the room at each FEW meeting. Please submit any announcements to the VP of Communications, Doris Illies (dillies@wacosa.org) or give a readable announcement to Lisa Maurer on the meeting date.

F.E.W. NEWSLETTER

Get to Know Us!

Each month we will feature a member of FEW! The member was chosen at our last meeting and given a questionnaire to fill out which we show below. For the month of June we would like to feature **Maxine Barnett!**

FEW Member since: **FEW Started**

Business Name: **Anna Marie's Alliance**

Office Phone Number: **#320-253-6900**

What FEW subgroups are you involved in? **None at the moment**

Hometown? **Sioux Falls, SD**

Family? **I have two lovely daughters, 2 grandchildren, 10 brothers and sisters**

How do you help others succeed? **I work at Anna Marie's Alliance – We work to not only provide safety for women in abusive relationships, we also assist them in their healing.**

Is your desk/office messy or organized? **Messy. There is no other word to best describe it.**

Are you a task-oriented person or a people-oriented person? **Both - but much more people-oriented.**

Last book read? **The Absolutely True Diary of a Part Time Indian by Sherman Alexil**

Last vacation spot? **Visited my daughter in Central Florida**

Biggest Indulgence? **Sleeping in on Saturday mornings**

What do you do for fun? **Hang out with my friends, go to movies, play cards**

What do you think you'll be doing in 5 years? **I will be retired from my job but involved in some kind of volunteer work**

What green (energy savings) tip can you share? **Don't print out anything you receive from emails unless you really need to**

When you were a kid, what did you want to be when you grew up? **A nun**

I recommend (book, movie, show, activity, restaurant, website, etc.) and why? **The Absolutely True Diary – Though written for young adults it's beautifully written, has wonderful illustrations, it's both heartbreaking and funny**

What is your favorite clean joke? **Why did the chicken cross the road? Obama – because it was time for change. Clinton – When I was first lady I personally helped the chicken cross the road. This experience makes me uniquely qualified to ensure from day one that every chicken gets the chance it deserves to cross the road. McCain – my friends, the chicken crossed the road because he recognized the need to engage in cooperation and dialogue with all the chickens on the other side of the road.**

What would other FEW members be surprised to learn about you? **That I love opera**

What is your personal or business philosophy? **That leadership is a matter of how to be, not how to do it – it is the quality and character of leaders that determines performance and results.**

Thank you Maxine!

June 2008

Get to Know Us!



Along with a feature member this month, we would also like to take the opportunity to highlight a Board Member of FEW. For the month of June we would like to feature **Carol Howe-Veenstra!** Not only is Carol our 2008 VP of Programs but next year's (2009) President of FEW!



Professionally - Just finished my 23rd year at CSB, 15 years as volleyball coach and 21 as AD. Prior to that I taught physical education at Tech High School and coached volleyball and track.

Growing up - Raised “up north” on Serpent Lake in Crosby-Ironton; my dad ran a department store and all five of us kids learned how important a family business is for a small town. Dad was a great role model for me in his community service, work ethic and outgoing personality. I was a “Title IX” sports kid – during my senior year of college, I student taught at Moorhead HS and helped coach their volleyball team to a 3rd place in the first ever MN State Volleyball Tournament. I was officially hooked on coaching!

Career - Came to St. Cloud for my first teaching and coaching job and really got to capitalize on new opportunities for girls when I started teaching and coaching at Tech HS just a few years after this law passed. Our first years were interesting – gee, asking for uniforms and travel funds and equipment and even taking turns in the gym. So many things that are now in place for our girls!

Family - married 28 years to Steve Howe-Veenstra, a Special Ed teacher in St. Cloud; we met while playing on a teacher's intramural basketball team and the rest is history! He has coached many years and is now an assistant coach at CSB. Our son Ryan will be a senior at SJU and is in China right now with a physics research study. Less than 200 miles from the earthquake epicenter; is mom worried? Yup!

We are about to get a new yellow lab pup and can't wait for that new adventure!

About FEW - I have been an FEW Member for many years and have loved the great variety of programs and meeting women from different careers. Through FEW and my connection with Sandra Cordie from Resource Training and Solutions, I began presenting on Gender and Communication. This has been great fun and a year ago I produced a DVD as part of a grad school course. For over five years, I was also part of a small investment club and we earned money! Thanks to my FEW connections, I have met so many new and great people.

Thank you Carol!